

“Change Yourself to Change Your Child’s World!”

If your child is facing any of the challenges?

Easily distracted?

Have trouble sitting still?

Sensitive to noise, light, smell, taste?

Scribble writing?.....etc



Join our occupational therapy parents talks for TIPS!

This parents talks is to give parents and caregivers with the knowledge and skills to effectively support their child's physical, cognitive, sensory and emotional challenge. It will focus on the importance of demonstration, practical exercises, hands-on activities, role playing, skills building and Q&A sessions.

Date: May 5, 12, 19, 26 (SUN)

Duration: 90mins/session

(75mins talk +15mins Q&A)

Size: 10 adults in a group

*The first session is FREE

*Each Session: \$800/person

\$720/person for existing Childpsy client

\$700/person for 2 person discount

*You can select any session to join

For Parents of 2-5 children

Time : 2:30pm - 4:00pm

Language: English/Mandarin/Cantonese

For Parents of 6-9 children

Time : 11:30am - 1:00pm

Language: English/Mandarin/Cantonese



Unit A, 1/F, 1 Suffolk Rd, Kln Tong
Tel: 2348-6222 Whatsapp: 5728-1002
Email: info@childpsy.com

Scan the
QR code for
reservation



Total 4 sessions:

Session 1 : Sensory Challenges & Concerns (FREE)

- *Explaining the role of occupational therapy in child development
- *Addressing the common sensory challenges and concerns
- *Sensory integration and its importance in development

Session 2 : Enhancing Fine & Gross Motor Skills

- *Importance of motor skills in school readiness
- *Practical activities and exercises to develop fine and gross motor skills
- *Tips for improving handwriting and pencil grasp

Session 3 : Sensory Processing, Attention & Emotional Regulation

- *Understanding sensory processing disorders and their impact
- *Strategies for creating sensory-friendly environments at home
- *Techniques to support attention, emotional regulation, and coping skills

Session 4 : Choosing Developmentally Appropriate Toys & Activities

- *Importance of play in child development
- *Identifying age-appropriate and developmentally stimulating toys and activities
- *Promoting creativity, imagination, and problem-solving skills through play

***The talks will be conducted by our senior occupational therapist, Ms. Kristan Leung**



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